



Lions International - District 317F

Akash A. Suvarna pmjff - District Governor

ದರ್ಪಣೆ DARPANA



ISSUE -1

JULY - 2025

For Private Circulation only

Editor's Desk....



Dear Lions in the cause of service,
My very warm greetings to you.
Folks, this year is all about being HAPPY? How many of us know what truly makes us HAPPY? Do you know that there is a science of HAPPINESS. A full course on HAPPINESS is taught at the Harvard Business School.

Social scientist, Prof Arthur Brookes, author of several books, says Happiness is a combination of enjoyment, satisfaction that is the joy of accomplishing difficult tasks and meaning of life.

He further explains that there are four HAPPINESS habits. These are Faith (religion), Family, Friendship, and Work (which is earning your success and serving others). Yes friends, serving others is a great source to HAPPINESS.

Let us see what each means.

1. FAITH. It is the path to transcend oneself or the understanding that we are a small speck in a greater Universe. Simply put, a belief that there is a SUPREME BEING or a GOD.
2. FAMILY. Getting married and raising children is an awesome experience. Primary relations and bonds within the family provide a deep sense of satisfaction.
3. FRIENDSHIP. Not the social media types. Deep and close human relationships mark true friendship.
4. WORK. This has two components. One is to earn success and the second is serving others. This is the Governor's message when he says **SERVE & BE HAPPY**.

We need to invest in all four of the above to enjoy HAPPINESS of a more permanent kind.

Be Happy, be cheerful.

Kind regards.

Dr. Malathi V. Gopal, pmjff

DC District Newsletter.

Mob: 9742419712 (messages only) 9886757714

District Governor's Desk....



My Dear Lions and Leos in the cause of Service

Greetings and Good Wishes

I am excited to write on our First Edition of our District Newsletter "DARPANA". My Compliments to our Editor **Malathi Venugopal** for bringing out this first edition.

Dear Lions **WELCOME TO THE LIONISTIC YEAR 2025-2026 !** JULY month is the time when in majority of the clubs the newly elected office bearers led by their presidents are settling down and planning their year ahead. The need to plan is so very important be it the yearly ritual of the installation of the club office bearers and planning their activities be it administration or Service for the entire year. My sincere request to the club office bearers please plan your year month on month because **IF YOU FAIL TO PLAN YOU ARE PLANNING TO FAIL.**

Please concentrate on the global service causes and at the same time the Global Action Team initiatives of Leadership Development and Membership.

I was installed as your District Governor at the Orlando International Convention 2025, a very memorable moment for me and my spouse Ashwini and I deem it an honour to be the District Governor of this prestigious District. The Orlando Convention, a very impressive programme both the cultural and the Governor's presentation and Installation which will be remembered by Me for years to come. Our District and your District Governor was honoured on stage at the International Convention for having fulfilled the Quick Start Challenge of starting 3 NEW CLUBS by 15th July 2025, before the Orlando International Convention. My compliments to the Global Extension Team led by Lion Venkatanarasimhulu for this Unique Achievement.

Once again My sincere request to the Lions of my District to seriously dedicate themselves to improve the membership numbers of their respective clubs especially the weak clubs with 20 and less than 20 members and contribute to the MISSION 1.5M PROGRAM of Lions International.

I look forward to see this newsletter with more and more service activities in coming months. This is the Mirror of our performance and hence the name "DARPANA"

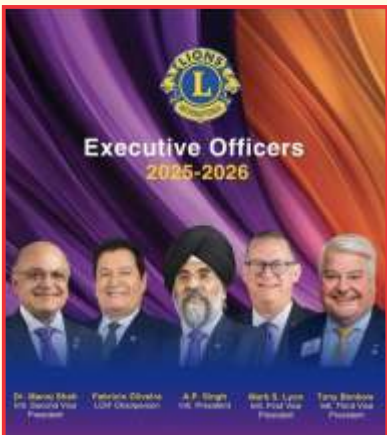
Best Wishes to you all.

SERVE & BE HAPPY

Regards

AKASH A. SUVARNA pmjff

District Governor



First Vice District Governor's Message



Respected Lion Leaders,

Wishing each and every cabinet officer, PST's of our wonderful Lions District 317 F known for its commitment, to deliver the desired results. We are happy that we had a positive Membership growth, New Club Extension, Excellent impactful

services during 2024 - 25. Now, the time has come for all of us to forge ahead to consolidate further in tune with "Mission 1.5 Million Membership" by 2027. The year 2025 -26 is very special to every Indian lion, because an Indian Ln. A. P. Singh has been elected as the International President of 108 year LIONS INTERNATIONAL organization.

All of you have heard his maiden speech in the Orlando Convention, where he appealed Every Lion, Every Club, in Every District in the World to add just 1 quality member in the next 2 months. I am sure it is not a difficult task to achieve. Just one member per Club, it could be your spouse, family member, friend, business associate or your neighbour.

Ln. A. P. Singh International President in his address says India is a home, unlike any other. Indian is a cradle of human civilization, with a culture that goes back thousands of years. Yet, despite it's great antiquity, modern India is younger and more prosperous than ever.

He believes Service and Leadership go hand in hand- each complimenting the other. This confluence of service and leadership leads us to the higher pedestal of " SERVANT LEADERSHIP" which A. P. Singh sir believes is the model for our association.

Similarly, this year we have a young leader Ln. Akash A Suvarna as our DG, who is influenced right from his days as a leo, graduating himself as a full fledged LION LEADER of District 317 F with his slogan "**Serve & Be Happy**".

Wishing All of you a great year ahead with QUALITY MEMBERS, QUALITY MEETINGS, QUALITY IMPACTFUL SERVICES to needy. Let's all "Lead To Serve - Serve To Lead".

Your's in the Cause of Service,

Raju Chandrashekar, pmjif
First Vice District Governor .

Second Vice District Governor's Message



Dear Lions, Greetings of the Day!

At the outset, let me extend my heartfelt congratulations to each and every Lion of our district for embarking on what promises to be a satisfying and empowering Lionistic year –2025-26.

Many of you have taken on leadership roles as Club Officers, while others have taken on responsibilities at the district level. I wish you all the very best in your respective assignments and urge you to lead with dedication and pride, taking your clubs and our district to even greater heights.

As you are aware, our District Governor Lion Akash A. Suvarna has set ambitious GAT and Service Goals. It is imperative that your club's service activities align with these goals, as well as with the vision of our International President, Lion A. P. Singh.

It is a matter of immense pride and honor that our International President is an Indian, and he has passionately championed Mission 1.5, which is now in full force across the globe. It is our collective responsibility to contribute to this initiative and help achieve the target of 1.5 million Lions worldwide by June 30, 2027.

We take pride in the fact that our district ranked No. 1 in membership growth within our Multiple District last year. Let us strive with even greater zeal to surpass our own achievements in membership, service, and leadership in this new fiscal year.

President A. P. Singh has also clearly stated that clubs with fewer than 20 members will not be eligible for cabinet representation. Therefore, clubs in this "danger zone" must act swiftly to strengthen their membership base and retain their place in the leadership circle.

I firmly believe that the world does not need more people with power – it needs more people with purpose. We, as Lions, embody that purpose through our noble mission – "We Serve." This powerful yet simple statement reflects our commitment to wipe away tears, bring smiles, and uplift lives.

Let us take pride in the meaningful impact we have created through: Free Dialysis Programs, Cataract Surgeries, Blood Donation Camps, Diabetes Screenings, Cancer Patient Support with Free Medicines..... and much more.

Together, let us be proud to be Lions of District 317F – a district that leads with service, compassion, and unity.

With Lionistic regards and best wishes,

Vijaya Kumar pmjif
Second Vice District Governor

REGISTER !!



53rd
ISAME
FORUM
15 -19 DECEMBER **2025**

<https://isameforum2025.in>

AMPLIFY YOUR CLUB'S IMPACT DURING WEEKS OF SERVICE

Mark your calendars

Mental health and well-being
October 4-12, 2025

Hunger
January 3-11, 2026

Environment
April 18-26, 2026



From the Desk of District Cabinet Secretary



Dear Lions of District 317F!!!

Greetings to you all! I hope this message finds you in good health and high spirits.

At the outset, I extend my sincere gratitude to our District Governor Lion Akash A Suvarna for reposing faith in me and appointing me as the

District Cabinet Secretary for our dynamic District 317F for the Lionistic Year 2025–26. It is both an honor and a privilege to serve in this capacity.

The Lionistic year, in fact, began well before July 2025, with our District Governor Lion Akash A Suvarna undergoing rigorous schooling for all incoming DGs at Chicago in February 2025, followed by the All India Schooling at Kolkata in May 2025. He was officially installed as our District Governor at the 107th International Convention held at Orlando, USA, on 17th July 2025. He was accompanied by the First Lady of the District, Lion Ashwini Suvarna, along with ten dedicated Lions from our District who participated in the Convention from 13th to 17th July.

The GLT successfully conducted the Cabinet Officers' Schooling at Mysuru in June 2025 and the Club Officers' Schooling at Bengaluru on 27th July 2025, equipping our leaders with knowledge and skills to excel in their respective roles.

Our Lionistic year began with a big bang on 1st July 2025, with the inauguration of our first new Club of the year—Lions Club of Yelahanka Pride, sponsored by LC Yelahanka. On the same day, the District Hunger Relief Project was conducted at KC General Hospital under the

leadership of District Coordinator for Hunger, Lion Chinnappa Thomas, with the active participation of 38 clubs.

From the very start, our District Coordinators have been working tirelessly in their portfolios:

- Lion Ajit Babu and his team for Vision
- Lion G. L. Prasanna Kumar for Diabetes
- Lion Sasha Kulothungan for LCIF
- Lion Dr. C. V. Geetha for Childhood Cancer
- Lion S. S. Chandrashekar for Blood Donation and many more DCs, all of whom have made significant progress in the first month itself.

True to the inspiring motto of our District Governor “SERVE & BE HAPPY”—all Global Causes DCs and Club Officers have already initiated impactful projects across the District, touching lives in multiple ways.

The District Office was shifted to its new premises at UAS Campus with a simple pooja ceremony on 25th July 2025. The First Cabinet Meeting, held on 30th July 2025 at Hotel RG Royal, was a resounding success and a proud beginning to our year.

Dear Lions, with your continued active involvement and support, I am confident that we will achieve every initiative and project envisioned by our District Governor and deliver true service with happiness. Let us move forward hand in hand to serve with sincerity, spread smiles, and live up to the spirit of our motto - **SERVE & BE HAPPY.**

Thanking you,

Yours in Lionism,

VIJAYA R.

District Cabinet Secretary, 2025–26

From the Desk of District Cabinet Treasurer



Dear Fellow Lions and Leos, Congratulations to all newly elected and continuing Club Officers for taking up your respective positions. Your commitment to serve our community is truly commendable.

I wish you all the very best for a successful Lions year ahead.

As Cabinet Treasurer, I wish to inform all clubs about the mandatory dues structure for this Lions year:

International Dues: USD 50 + GST @ 18 % (payable in two installments - July and January)

District Dues: Rs. 1,171 + GST @18 % (payable in two installments - July and January)

Plus One-time Payment to the District : Rs. 4,000 comprising:

- Club Advertisement: Rs. 3,000
- PST Photo Printing: Rs. 500
- PST Seminar Levy: Rs. 500

Payment Deadlines:

- First Half : End of August 2025
- Second Half : End of February 2026

Dollar conversion rates will be communicated as they change. Timely payment ensures uninterrupted service and club standing. Please feel free to contact us for any clarifications.

Further I would like to inform you that all the Clubs to share their Bank Details of the Clubs and Trusts to the District for our Records. Please ensure that the signatories are Current Club officers only.

Together We “**SERVE & BE HAPPY**”

With Regards

Pradeep Kumar

Cabinet Treasurer District 317 F, M : 9845179789



Cabinet Officers' Schooling 2025 -2026

ಗುರುಕುಲ GURUKUL



Lions International District 317F began its academic planner by hosting "GURUKUL" Cabinet Officers schooling at Hotel IBIS STYLES, Mysore on 14th and 15th June 2025.

An eventful two-day learning sessions, packed with customized study manual, was inaugurated by Immediate Past District Governor C. M. Narayanaswamy, in the presence of District Governor Akash A Suvarna, Past District Governors B. S. Nagaraj, B. Mohan, H. K. Giridhar, B. S. Ravindra,

B. S. Rajashekaraiyah, First Vice District Governor Raju Chandrashekar and Second Vice District Governor A. Vijaya Kumar.

The sessions were curated to equip every cabinet officer to sharpen their skills to excel in their respective portfolios. District Governor Akash A. Suvarna, in his address elaborately briefed the District and International President program. He scripted the cabinet officers schooling a memorable learning session by inviting professional speakers in the area of effective communication and public speaking for lion leaders by Kishore K.V.M, Toast Masters International. Ice breaker session moderated by Mukund Vijayanagar. These two sessions received thumping applause and cheers from cabinet officers.

Motivation session by Past District Governor Vasudev Valwalkar on self-introspection, made every cabinet officer analyze their strengths and weakness.

Mission 1.5 – Challenges and its impact by Past International Director and LCIF Area Leader, CA-6 Vamsidhar Babu, speaking on the lines of the International President A.P. Singh appealed every cabinet officer to encourage and motivate their respective members of the club to bring in more members to the organization.

Apart from these, varied topics on

- Global Service Challenges and need based services by District Governor , 317G N. Subramanya
- LCIF Grants Awareness by Manoharan Nambiar.
- LCIF Objectives and Mission by Sasha Kulothungan.
- Interpersonal Skills and Etiquettes by Past District Governor Ramesh Rao
- Lions Portal by Vijay R, Bernaad Chetty, Ajit Babu K. S. and Prakash H. T
- Interactive session with GAT Co-ordinators.
- Protocol for meetings by C. M. Narayanaswamy.
- Duties and Responsibilities of Region Chairpersons, Zone Chairpersons and District Chairpersons by Past District Governors H. K. Giridhar, B. Mohan and B. S. Rajashekaraiyah.

The Cabinet officers appreciated the efforts of the organizing committee headed by Global Leadership Team and its members for meticulously planning and executing Cabinet Officers Schooling.

Priya A. R., Sudarshan P. V, Puttige Venkataramana, Joy M. P.
GLT Team



Club Officers' Schooling (2025 – 26)

ವಿದ್ಯಾಪೀಠ VIDYAPEETHA

Lions International District 317-F, Club Officers schooling was held on 27th July 2025 at R.G. Royal Hotel, Bangalore. The Schooling was inaugurated and graced by K.N. Kumar, Past District Governor. In his address the chief guest glorified the pride and grandeur of being a Lions Club member, motivated the participants to strengthen the organization and shared valuable inputs to enjoy the service with a smile.

District Governor Akash.A.Suvarna briefed the International President Vision and goals of our district. He reposed faith in every club officer and chosen leaders, inviting each one to collaborate with his team to "Serve and Be Happy".

The Schedule of the schooling was well planned with eloquent speakers to fine tune the club officers to excel in their designated portfolios. The Session conducted by Srinivas G., Past District Governor 317E on "Transforming Lives" was motivating and gave a far-sighted vision to do meaningful services. An ice breaker session by Mukund Vijayanagar stumped the participants, energized every one stroking fun and laughter to the atmosphere. The club officers schooling was a well-designed program with varied topics delivered by professional speakers.

The sessions were moderated by Past District Governors B. S. Ravindra, B. Mohan and II VDG A. Vijayakumar on Duties and Responsibilities of Club officers.

Lions Portal by Ajit Babu K. S., Vijaya R. and Ravichandran. / Support to LCIF by Sasha Kulothungan. / Administrative Content Rules by Prakash H. T. and Devaraj.

First Vice District Governor Raju Chandrashekar deciphered on the service challenges and the projects supported by the Lions worldwide. He emphasized on building connections with public servants and inviting non lions to join our organization.

Special guest speaker Kumaran Pethi addressed the club officers with practical demonstrations on public speaking skills. It was fun, educative, and made the participants feel confident to converse and interact. The GAT Coordinators presented the road map for the year ahead with their plans and initiatives.

The main feature of the club officers schooling was the presence and participation of Leos from the district. They were ably guided by District Leo Coordinator B. S. Ramesh and his team.

The GLT Team ensured all the participants were at ease to learn and explore all the possibilities to script their name in the portals of the district as a remarkable Club officer.

Priya A. R, pmjf, Sudarshan P. V, Puttige Venkataramana, Joy M. P, mjf
GLT Team



97% achieved, **World Rank #2** secured! We came incredibly close to the top spot - missing 1st position by just a whisker. This exceptional performance showcases the power of collaborative excellence. A special thank you to our amazing club officers who led with vision, our dedicated cabinet officers who

ensured seamless execution, and our brilliant GST team led by coordinator **Ravichandran**, whose technical expertise was invaluable. Together, we've proven that when talented individuals unite with a common goal, extraordinary achievements become

Multiple Dist	District	Report
MD LC	District LC 3	98%
MD 403	District 403 A4	98%
MD 317	District 317F	97%
MD 322	District 322 A	97%
MD 410	District 410 W	97%
MD 321	District 321 F	97%
MD 3241	DISTRICT 3241 H	95%



NEW DISTRICT OFFICE

Season's Greetings to all!

It is with great pleasure and pride that I announce the completion of our much-anticipated new district office, nestled within the lush green campus of the University of Agricultural Sciences. This new facility now proudly houses the District Governor's Team, Secretariat, and our LDSF, marking a significant milestone in the journey of District 317F.

This achievement would not have been possible without the generous contributions and unwavering support of our members and donors. We wholeheartedly thank each and every one of you—from the bottom of our hearts—whose kindness and philanthropy have made this dream a reality. Your commitment embodies the true spirit of service that defines our district.

Special recognition is due to IPDG C. M. Narayanswamy, who facilitated this space, and to our visionary District Governor, Akash A. Svarna, whose leadership initiated and shepherded this project to completion.

Our new office includes a well-appointed pantry to welcome guests and members, and a fully equipped meeting hall designed to accommodate around 30 members for our district gatherings. This facility represents a crucial stepping stone toward the establishment of a permanent district building—a goal we believe will soon be realized by the continued generosity of our members, well-wishers, and business partners.

As shared in our recent cabinet meeting by the District Governor, we shall shortly invite all the donors for a high tea celebration in honor of the successful completion of this new office. This event will be an opportunity to express our gratitude in person and to celebrate together the strength and unity of our proud District 317F.

Let this new beginning inspire us all to continue our dedicated service and work tirelessly toward building a permanent home for our district. Together, we are stronger, and together, we will accomplish great things.

NEW DISTRICT OFFICE POOJA ON 25-07-2025



She Shakti



Hearty Congratulations!!! To Kamini Vijakumar and Sindhu Rajesh for representing our District 317F at SheShakthi held at Mumbai on 31.07.2025. SheShakthi, an event jointly organised with CNN NE18, focusing on Women Empowerment and promoting core values of Diversity in Lions International.



A
P
R
O
U
D
M
O
M
E
N
T



Lions Clubs International Foundation (LCIF)



Lions Clubs International Foundation India (LCIF) a registered social organization focusing on empowering community service initiatives, giving hope and impacting lives through humanitarian service projects.

By extending your kindness and generosity to LCIF, you can help:

- * Increasing our impact in vision, youth, disaster relief, and humanitarian efforts.
- * Fighting the global epidemic of diabetes.
- * Expanding efforts in Childhood Cancer, Hunger and the Environment.
- * 100% of Donations made to LCIF are used to support grant programs, allowing Lions to help the world on a larger scale and do more than they could on their own.

For all donations made to LCIF 80G Tax exemption under the Indian Income Tax Act can be availed.

I request you to please consider donating generously to LCIF and support its humanitarian and service mission so that more help to the needy can be provided.

This is your chance to "Donate a Little and Help A lot!!" Donate now... www.lcifindia.org

Warm Regards,

Lion Sasha Kulothungan mjf - District LCIF Coordinator, 2025-26



50 Cabinet Officers Donors came forward to support the LCIF MJF/PMJF Recognition Program at the Cabinet Officers' Schooling at Hotel IBIS Mysore on 15 June 2025



50 Club Officers Donors came forward to support the LCIF MJF/PMJF Recognition Program at the Club Officers' Schooling in Hotel RG Royal, Yeshwantpur on 27 July 2025

LIONS CLUBS HUNGER RELIEVING ACITIVITY

Lions District 317F conducts hunger relief initiatives to provide food and nutrition to individuals and families in need.

KC General Hospital, Malleswaram, Bangalore Signature Project - Successfully completed 4 years, entered 5th year with grand inauguration on 1st July 2025 by: District Governor Akash A Suvarna & Dr. Mohan B R, Superintendent, KC General Hospital Mission: Distribute nutritious food directly to patient attendees and outpatients.

Chinnappa Thomas

District Coordinator, Hunger Relief

Sanath Kumar

Sridhar Paruchuri

July 2025 Achievement

Days Served: 27 / Beneficiaries: 4,590 / **Amount Spent: Rs. 81,000**

Clubs Participated: 38

Additional hunger relief activities are conducted at various institutions by our clubs.



QUEST PROGRAM



M. R. Srinivas pmjf

GMT Coordinator

LC D R.L JALAPPA INSTITUTIONS represented by GMT Coordinator M. R. Srinivas has elevated the Lions Quest Programme to the next level. It is a very proud moment for our District 317F. LC D RL J Institutions have been in the limelight for taking the Quest Program to honourable heights. LC RLJ Institutions organised TTW 1&2 in July 2025. Twenty schools sponsored sixty teachers for Quest Training. The two programs were conducted by Quest Trainers Ln Kalpana Mohan and Prof Varghese Vaidyanathan. Multiple Quest Coordinator, Ln Nagaraj Rao, District Quest Coordinator Dr Glory Victor and other functionaries participated.



Adoption of 40 schools for implementation of Lions Quest Programme

DISTRICT GLOBAL EXTENSION TEAM'S REPORT



D. N. VENKATANARASIMHULU

GET Coordinator

P. M. SHIVA PRASAD pmjf,

G. SATISH KUMAR mjf

P. BHAGYA mjf



DG being honored at Orlando for the QUICK START CHALLENGE by International President A. P. Singh

ACHIEVEMENT:

Very delighted to report that our District -317F has successfully chartered 3 new clubs in a span of 15 days of the fiscal year 2025-26 and fulfilled the achievement of "Quick Start Challenge".

1. LIONS CLUB OF BANGALORE YELAHANKA PRIDE, with 30 Charter Members
(Sponsored by Lions Club of Yelahanka, Club Extension Chairperson: A. M. RAI mjf, Region Chairperson, Region - 7)
2. LIONS CLUB OF BANGALORE METRO SAKHI, with 24 Charter Members
(Sponsored by Lions Club of Bangalore Metro, Club Extension Chairperson: RAMESH C. K, Region Chairperson, Region - 1)
3. LIONS CLUB OF BANGALORE GANDHI MARGA, with 20 Charter Members
(Sponsored by Lions Club of Bangalore Jayamahala, Club Extension Chairpersons: P. BHAGYA mjf, G. SATISH KUMAR mjf – GET Members)

ALL THE ABOVE CLUB MEMBERS HAVE BEEN PROPERLY INDOCTRINATED BY PAST DISTRICT GOVERNORS: B. MOHAN pmjf, B.S. RAVINDRA mjf and B.S. RAJASHEKARAIHAH pmjf

FIRST CABINET MEETING WAS HELD ON 30.07.25 AT RG ROYALS

