



Lions International - District 317F

Akash A. Suvarna pmjif - District Governor

ದರ್ಪಣೆ DARPANA



ISSUE -2

AUGUST - 2025

For Private Circulation only

Editor's Desk....



Dear Lions and Leos,
Warm Greetings to you.
Every Lion Meet is marked with the Flag Salutation. Lions pledge allegiance to the nation and work for the fair name of the country. On this Independence month let us recall the progress our country, INDIA has made. As Palki Sharma, FRONT POST, said, 'INDIA has arrived'. We combine an amazing heritage and an awesome modernity. Words that describe India are DIGITAL, CONFIDENT, GLOBAL, FASTEST GROWING ECONOMY, SPACE POWER, LARGEST DEMOCRACY....! Our GDP is at 7.8% and we will soon be the 3rd largest economy. Our flag is flying high in the comity of Nations.

Just as our country is making rapid progress so to is District 317F. This issue of Darpana mirrors the many achievements at the club, cabinet and district levels. Read through, feel good and get motivated to excel.

Proud to be an Indian and great to be a lion.

Best wishes.

Yours in Lionism.

Dr. Malathi V Gopal, pmjif

DC District Newsletter.

Mob: 9742419712 (messages only), 9886757714

District Governor's Desk....



My Dear Lions and Leos in the cause of Service

Greetings and Good Wishes

We are into the Second month of our Lionistic Year 2025-2026. The month of August 2025 and I'm sure our enthusiastic PSTs have settled down after their grand installations as office bearers of their respective clubs and

have began their Lionistic activities be it Administration or Service with the right earnest. My appeal to all the Office Bearers is please take all your club members along and involve them in all the activities of the club, motivate each and every member of your club to participate in every activity, please see that you give them responsibilities wherein they develop a sense of belonging towards their home club, I am sure such small initiatives will help in developing a cordial atmosphere in the clubs and will attract more members into our Lions family.

We had an impressive Cabinet Presentation program **ABHINAV 2025** where our 1st VDG Raju Chandrashekar and 2nd VDG Vijayakumar were installed along with their dedicated fellow cabinet members by PID Lion JP Singh in the presence of almost 1000 Lions in attendance. My congratulations and compliments to Chairperson Lion Ajit Babu and his wonderful team for working very meticulously which resulted in a very successful Cabinet Presentation Function. With your blessings our District has announced an impressive Rs. 1.4crore worth of service activities for the welfare of the poor and downtrodden.

I am happy to see that majority of our Cabinet members have begun working on their portfolios and I am sure in the days to come with the cooperation of the clubs, We will be having an impressive report card of all the good work done by our Cabinet officers and club officers. This is only possible if we work together with all the enthusiasm which will help in attaining our District Goals and Commitment towards the Global Causes.

My sincere request to the Lions of our District to seriously dedicate themselves to initiate more and more purposeful service activities so that We reach out to maximum number of beneficiaries and that we can create an impact in the society true to our motto WE SERVE

BEST WISHES... Let's all **SERVE & BE HAPPY.**

Regards

AKASH A. SUVARNA pmjif

District Governor

"Pack Your Bags, Lions! Greece Awaits & Page 6 Tells You How!



CQI INITIATIVE



TRAINING THE TRAINERS



First Vice District Governor's Message



Respected Lion Leaders,
An amazing beginning of lionistic year 2025 - 26, during the months of June and July 25, we witnessed smooth transition of Leadership at Club level. I am sure by now every Club have chalked out their plan of action for the year. Friends let's all understand that we are 108 years old

with strong administrative protocols in place, we need to consolidate and strengthen our organization by enrolling new members, new ideas, new thoughts, young blood, is the need of the hour. Mission 1.5 Million Membership by 2027 challenge is in front of us. With our country' GDP growing at 7.8%, With UPI digital transactions crossing 24 lakh crores in a single day is testimony of New and Young India. As of now we are placed 4th position as far in World economy and will be in 3rd position by next year. This is where I say 5 D's are very rosy in our country. No.1, D - Demography, We have large no.of young people below the age of 35 years. No.2, D -Democracy, we are authoritarian, we don't budge. No.3.D - Diversity, we have 22 official languages,100 dialects. No.4 D - Digital Power, Aadhar, UPI. No.5 D - Diaspora, 35 Million Indians work aboard. Engineer's,Doctors. Technocrats and what not. Looking the way India is growing, I am sure we have no dearth for enrolling young minds. We believe that diversity is our strength and it starts in fostering understanding, appreciating our differences, valuing our unique talents and experience.

This confluence of Service and Leadership leads us to the higher pedestal of SERVANT LEADERSHIP which is the model of our organization. During the last month we have witnessed tremendous enthusiasm among the Clubs in Serving the Community. At the club level, please give more focus to Member satisfaction. Provide opportunity for every lion to have their say. Be the example that brings out the best in every lion member of the club.

Your's in the Cause of Service,

Raju Chandrashekar, pmjf

First Vice District Governor .

Second Vice District Governor's Message



Dear Lions,
Warm Lionistic greetings!!

As the first quarter draws to a close, let us pause to celebrate. Together, our clubs and cabinet officers have turned our District Governor's vision into reality. We have chartered five new clubs and recorded impressive membership growth - a proud milestone for our district and an inspiration to the entire Lions movement.

But this is only the beginning. Our district has built powerful service facilities for you to use today to change lives tomorrow:

- Dialysis at Shirdi Sai Hospital, New BEL Road
- Free cataract surgeries at Shraddha Eye Care Centre / Minto Hospital
- Sri Sathya Sai Hospital, Muddenahalli — no cash counter, full free treatment
- Ear implants at Dr. Chandrashekar Institute of Speech & Hearing at a nominal price

Please make sure every club takes advantage of these resources. They exist for our communities and can multiply your service impact immediately.

From 4th to 10th October, Lions International launches the first Global Service Challenge Week on Mental Health & Well-being. This is our chance to stand shoulder to shoulder with Lions worldwide. Organise awareness campaigns, screenings, education programmes - anything that promotes mental health. Impactful activities during this week will bring recognition to your club and our district, but more importantly they will bring relief to thousands of people.

Our International President Lion A. P. Singh counts on India - the world's largest Lions base - to reach 1.5 million members by 30 June 2027. Let's embrace the mantra: "Each Member Sponsors One Member." If we act now, we will deliver MISSION 1.5 ahead of time.

On behalf of my spouse and myself, I wish every Lion a joyous and safe Diwali. May the Festival of Lights fill your hearts with renewed passion for service.

Let's move into the next quarter with courage, creativity and commitment - and make our district a beacon of Lionistic excellence.

With Lionistic regards and best wishes,

Vijaya Kumar pmjf

Second Vice District Governor

REGISTER !!



15 -19 DECEMBER 2025

<https://isameforum2025.in>

AMPLIFY YOUR CLUB'S IMPACT DURING WEEKS OF SERVICE

Mark your calendars

Mental health and well-being
October 4-12, 2025

Hunger
January 3-11, 2026

Environment
April 18-26, 2026



From the Desk of District Cabinet Secretary



Dear Lions and Leos of District 317F,
Warm August Greetings to you all!

After an energetic and action-packed start to our Lionistic year, the momentum of service and fellowship continued with great enthusiasm throughout August 2025.

On 3rd August 2025, our District welcomed its second new club of the year, LCB Metro Sakhi - an all-women club sponsored by LCB Metro. The club was inaugurated by our District Governor Lion Akash A Suvarna and presided over by Lion H. C. Ramachandraiah, President of LCB Metro. The new members were inducted by PDG Lion Dr. Suchitra Sudhir from District 318E, while the Charter President Lion Manjula Harish S and her team of office bearers were installed by PMCC & PDG Lion Kripa Alva from 317D.

On 9th August 2025, District Governor attended the Silver Jubilee Celebrations of LCB Adityanagar, graced by Chief Guest PID Lion J. P. Singh.

On 10th August 2025, the much-awaited Cabinet Presentation "ABHINAV" was held at Bunts Sangha, a colourful and memorable event. The installation officer and Chief Guest PID Lion J. P. Singh, joined by distinguished dignitaries including PID Lion K. Vamsidhar Babu, PID Lion V. V. Krishna Reddy, and ID Endorsee Lion S. Ramachandran. J P Singh installed the cabinet officers including First VDG Raju Chandrashekar, second VDG A Vijayakumar, DCS Vijaya R, DCT Pradeep Kumar, District Leo Officers and entire cabinet of district 317F. The event saw the participation of Past District Governors of District 317F and Multiple 317, as well as DGs, IVDGs, and 2VDGs from across the Multiple. The vibrant Karavali theme added a festive touch to the grand celebration.

On 16th August 2025, the Club Quality Initiative (CQI) – Train the Trainer Workshop was organized at the District Office, with 15 eager participants. The program was ably led by PID Lion K. Vamsidhar Babu, with DG Lion Akash Suvarna and PDG Lion B. Ravindra in attendance.

On 17th August 2025, the first District Seminar "Vichara Kutira", organized by DC for Seminars Adv. Lion Anil Kumar B, was held at UAS Alumni Association Hall. Cabinet and Club Officers gained valuable insights from innovative sessions on topics such as Smart Money, Strong Future; Diabetes Care & Prevention; AI in Action for Lions; Fight against Childhood Cancer; Vision for All; and The Gift of a Will.

On 23rd–25th August 2025, DG Lion Akash attended the Lions Council of India Meeting at Hyderabad

District Governor hosted the First Staff Meeting of the year on 28th August 2025, which saw meaningful discussions on club status, growth strategies, and the International President's emphasis on Mission 1.5.

On 29th August 2025, the Lions Business Network (LBN) was formally launched at the District Office under the leadership of DC for LBN Lion Simha Shastry. The program was presided by DG Lion Akash Suvarna, with IVDG Lion Raju Chandrashekar, II VDG Lion A. Vijaykumar, and PID Lion K. Vamsidhar Babu delivering the keynote. About 50 Lions and non-Lions attended this inspiring event.

The month concluded with great pride as District 317F successfully hosted the First Multiple Council Meeting of MD 317 on 30th & 31st August 2025 at Hotel Ramanashree, Bengaluru. The flawless arrangements received high praise from MCC PID Lion G. Mohan Kumar and PDGs of all districts under MD 317.

Important Announcements:

District Governor's Official Visit : All Club Officers are kindly requested to contact the undersigned at the earliest to finalize the date of the District Governor's Official Visit to your Club. District Governor will not officially visit any clubs after **31.03.2026**.

Peace Poster Contest Kits are now available at the District Office. Clubs are requested to collect the kits and ensure that the Peace Poster Contest (PPC) is conducted in schools (strictly for students aged 11-13 years only) before the end of October 2025. DC for Peace Poster Aruna Reddy is giving a complimentary goody bag containing 30 drawing sheets with pencils and crayons, 1st 2nd and 3rd prize awards and 30 participation certificates along with each PPC kit. This is a wonderful opportunity to engage young minds in the message of peace and creativity.

Let us all work together to make these initiatives a grand success!

August has truly been a month of progress, pride, and passion for service. As we move into September, let us carry forward the same spirit of teamwork, fellowship, and dedication to touch more lives. Together, under the dynamic leadership of our District Governor, let us continue to Serve and Be Happy!

With Lionistic regards,

Lion VIJAYA R. mjj

District Cabinet Secretary

From the Desk of District Cabinet Treasurer



Dear Fellow Lions and Leos,
Greetings & Good Wishes to all of you.
October 2025 Dollar-Rupee conversion rate: Rs. 85.92

VERY VERY URGENT : All clubs must pay International and District dues by October end to avoid Status Quo and subsequent suspension. Pay immediately on Urgent basis.

Heartfelt thanks to clubs who have already cleared their dues.

DG Visit Preparation (Accounts) : Keep passbooks, ledgers, and approved monthly statements ready. Ensure bank accounts are managed by current officer teams. Trust Accounts details also need to be produced if you have a Trust. Wishing everyone a happy Dussehra and Deepavali.

With Regards

Pradeep Kumar

Cabinet Treasurer District 317 F, M : 9845179789



DIABETES AWARENESS CAMPAIGN 2025–2026



A Signature Initiative of Lions District 317 F

Under the dynamic leadership of District Governor Lion Akash A. Suvarna PMJF, and coordinated by Lion G. L. Prasanna Kumar MJF, District 317 F has launched a powerful campaign to raise awareness and promote early detection of Diabetes across our Region.

As part of this initiative, a detailed Diabetes Awareness Brochure has been released and circulated across all clubs. The brochure provides essential information about:

- | | |
|-----------------------------------|--|
| Types of Diabetes | - Type 1, Type 2, Gestational, and MODY |
| Best Foods | - Nuts, Yogurt, Fruits, Whole Grains, Vegetables |
| Worst Foods | - Chips, Soft Drinks, Processed & Red Meats, Fried Potatoes |
| Prevention & Awareness | - Tips on diet, lifestyle, and screening |

A special collaboration has been established with Sparsh Super Speciality Hospital, who will support screening camps, awareness drives, and provide health cards for all Lion members and their families in District 317 F.

Distribution of Diabetes Screening Kits : In alignment with our Signature Project, the District Diabetes Team is sponsoring free Diabetes Screening Kits for clubs that are committed to:

- Launching a Permanent Project, or
- Declaring this initiative as their Signature Project

On the occasion of the Cabinet Installation Day - August 10, the first batch of 15 kits was proudly distributed to enthusiastic clubs.

We urge all clubs to come forward, establish Diabetes Care Centres, and take active roles in this life-changing initiative.

Special thanks to the dedicated Diabetes Team:

- Lion G. L. Prasanna Kumar mJF - District Co-ordinator, • Lion M. Ramamurthy mJF – Chairperson (Urban),
- Lion M P C Venkatesh mJF – Chairperson (Rural) • Lion Veena Mohit Kumar – Chairperson (Urban)

Let's unite to combat diabetes and serve our communities with care, compassion, and commitment.

Together, We Serve!

Regards

G L Prasanna Kumar mJF

Co ordinator for Diabetes

VICHARA KUTIR

The Seminar was inaugurated by the District Governor Akash A Suvarna on 17-8-2025. The speakers were Dr C V Geetha, Sri Raghuottam Acharya, Ln Ajith Babu, Sri Sharatchandra A N and Ln Prassana Kumar. They spoke about their respective portfolios.

The topics covered were: 1) Lions against Childhood Cancer. 2) Smart Money, Strong Future. 3) Diabetes Care and Prevention, 4) AI in Action for Lions, 5) Vision for all and 6) The Gift of Will. The seminar was well attended by club PSTs. The venue was the District Office.

The Seminar was coordinated by **Lion Advocate Anil Kumar**, DC Seminars.



LAUNCH OF LIONS BUSINESS NETWORK

A unique initiative by Lions District 317F, led by Dr. Simha Shastry, District Chairperson - Lions Business Network, conceptualized by our District Governor Akash A Suvarna, was inaugurated by Past International Director K. Vamsidhar Babu - Lions Clubs International on 29th August 2025.



DISTRICT CABINET PRESENTATION

ಅಭಿನವ Abhinav



Sunday, 10th August 2025 at Bunts Sangha. Installation of Vice District Governors, District Cabinet and Leo District Team by Chief Guest and Installation Officer J P Singh pmjf, International Director. The event was presided by Akash A Suvarna pmjf, District Governor. The highlights if the program included :- Service actives worth Rs. 1,45,00,000/- and a Cheque of Rs. 50 lakhs presented to LCIF. The event was a grand success with excellent guests, awesome food and record registrations. The Chairperson of the event was Ajith Babu KS pmjf ably supported by host committee members.



ABHINAV - KALANJALI 2025



For the occasion of the District Cabinet Presentation "Abhinav - Kalanjali 2025, Cultural Festival" was organized on 10th August 2025 at Bunts Sangha, Vijaynagar, Bangalore. Program was well attended by a galaxy of senior lion leaders, lions, leos, invitees and friends. Inauguration was done by our District Governor Lion Akash Suvarna along with his spouse Lion Ashwini Suvarna. Many indoor and outdoor cultural competitions like Banana Leaf Arrangements, Guess the Spice, Memory Tray, Breaking the Pot, Passing the Coconut, Selfie contest, Dance, Drama, Karaoke etc were conducted and prizes were distributed. The flame of competitive spirit was shining bright. The entire environment was buzzing with fun and frolic.

This event brought together vibrant performances, enthusiastic participation, and overwhelming support from members, guests, and well-wishers. Every performance showcased immense talent and created unforgettable moments.

This success would not have been possible without the dedication of the organizing team, the hard work of participants, and the encouragement of our audience. Together, we celebrated culture, creativity, and community spirit.

A heartfelt thank you to everyone who contributed to making this event truly memorable.

Warm Regards,

Lion Sasha Kulothungan mjf, District LCIF Coordinator, 2025-26

PEACE POSTER

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity.

Peace poster contest is an annual art competition organized by Lions International to encourage youth to express their vision of peace through art.



Lions International Peace Poster Contest includes key aspects like promoting creativity, fostering international understanding, boosting self esteem and demonstrating the importance of peace to both children and adults. The sponsor clubs can organize the contest at the Schools (either Private or Government), Child Welfare Centers, Community groups, apartment complexes. Traditional art only (no digital art), use materials like pencils, crayons, paints, markers.

The judging criteria is Artistic Merit, Originality, Expression of the theme, Novelty, Impactful imagery and relevant symbolism that resonates with the intended audience.

THEME 2025-26 : "TOGETHERAS ONE"

When we come together, we do amazing things. This year, we're inviting students around the world to envision what can happen when a diverse group of people unites around a common cause or goal. Imagine a world where we live together.

By, **Ln. Aruna Reddy** , DC- Peace Poster



INTERNATIONAL TWINNING 2026-GREECE

6 NIGHTS AND 7 DAYS - 1st April 2026 - 7th April 2026

2 nights in Athens
2 nights in Santorini
2 nights in Mykonos

- ✓ Shenzhen Visa
- ✓ Accomodation
- ✓ Flight Tickets
- ✓ Internal Transport
- ✓ Breakfast,Lunch and Dinner

Rs. 1,85,000
PER PERSON
BOOKING PAYMENTS
STARTS FROM 8/10/2025



CONTACT :
PRASANNA KRISHNA
DC-INTERNATIONAL
TWINNING
9844075046



DISTRICT CLUB ACTIVITIES



LCB Peenya Yeshwanthpur
Diabetic and Vision Screening



LCB Kalyan Nagar
Blood Donation



LCB Samarpan Lioness
Cow feeding at Dasarahallu - Sira Taluk



LC Gowribidanur
Blood Donation



LCB Phoenix
Dental checkup for school children



LCB Achintya
Diabetic Outreach



Lcb Gokula
Distribution of Blankets and Grocery



LCB Vidyanapura
Vision Camp at Doddabettanahalli



LCB Sadbhavana
Raksha Bandhan Celebration for
Children of Aanganwari



LCB Anubhandha
Relieving Hunger



LCB Sarvagnanagar
Diabetic Camp



LCB Kodigehalli
Distribution of Socks and Shoes



CLUB INSTALLATION



LCB Orchards



LC Chintamani



LCB Shikshana



LCB Adithyanagar



LCB Seshadripuram



LCB Zen



LCB Olive



LCB Vidyaranyapura



LCB Bandavya Lioness



LCB Harmony



LCB Yelahanka Pride



LCB Metro Sakhi

NEW CLUBS

LCB Harmony Installations at the club level mark the beginning of the new year, when, Past Governors install the newly elected officers and new members. The rededication pledge adds much meaning to the cause of service. Club members have reiterated their joy when reconnecting with Past Governors. Many thanks to our Past Governors for having completed the Club Installations so efficiently over the months of June, July & August.

